New, High Tech Procedure Helps Catch Lung Cancer in the Earliest Stage

When it’s easiest to treat, and you have the best chance of surviving it.

Dr. Meena Murugappan and Dr. Brian Reichardt, Pulmonologists at HSHS Medical Group, Shiloh
A MESSAGE
From Our CEO

BY PEG SEBASTIAN, MSN, RN, MBA, FACHE

It is an exciting summer and fall for colleagues and providers at HSHS St. Elizabeth’s Hospital as we near the completion of our new facility in O’Fallon, Illinois. This will be our next chapter in fulfilling our health care Mission through advanced technologies, professional, skilled and compassionate caregivers, and the highest level of quality service.

Patients are our top priority and have been for over 140 years. We strive to provide high-value care to all, and we embrace the concept of service before self to put our patients and visitors first.

The new St. Elizabeth’s Hospital is the next step on our journey to offering you, our patients, the highest quality care in a comfortable and healing setting. In our new facility, we will offer state-of-the-art technologies to provide advanced services in surgery, medical imaging, laboratory, and the emergency department, just to name a few. We also hope you enjoy the private rooms, efficiently designed clinical areas which allow nurses to spend more time with their patients at the bedside, and the deluxe amenities offered in our Women and Infants Center.

In this issue of Inspired Health, you will learn more about some of the recent investments of new technologies that we have already implemented at our current campus, such as our SuperD navigational system to detect lung cancer earlier and our 4-Dimensional Ultrasound to get the clearest image of babies in the womb, plus more information on what you can expect when we open our doors in O’Fallon on November 4, 2017.

We are also planning a public Open House on October 7 and 8 so I invite you and your family to join us to tour the hospital to learn how we will be the health destination serving the Southwestern Illinois region for decades to come. I hope you can join us.

Sincerely,
Peg Sebastian,
President and CEO
HSHS St. Elizabeth’s Hospital

OUR MISSION
Our mission is “to reveal and embody Christ’s healing love for all people through our high quality Franciscan health care ministry.”
5 Signs of Sleep Apnea in Men

And How it Affects Your Life.

As a man, you may think your snoring is no big deal, other than it possibly bothering the person next to you. However, chronic snoring could be a sign of sleep apnea, which can seriously affect your life.

“Sleep apnea lowers your testosterone levels, which in turn decreases your energy, focus, and sexual activity. Over time, it could also lead to heart disease,” explains Kevin Oliver MHA, BA, RRT, Manager of Respiratory Care Services at HSHS St. Elizabeth’s Hospital.

With sleep apnea, your tongue blocks your airway during sleep, causing you to stop breathing. This results in gasping yourself awake 50 – 60 times a night, without you even realizing it.

You may be at risk if:

1. Your partner complains about your snoring, and may no longer sleep in the same room.
2. You’ve gained weight and can’t see your feet when standing.
3. Your shirt collar size has increased. If it’s 16” or more, you’re at greater risk.
4. You’ve stopped doing active things you enjoy, and prefer stationary activities like watching TV.
5. You’ve had a decrease in sexual activity or ability.

Any man having signs of sleep apnea should do a sleep study. It’s an easy and painless way to get diagnosed and move on to fixing the problem. Just make an appointment with your doctor, and ask for a sleep study at HSHS St. Elizabeth’s Sleep Lab. You’ll spend the night in a hotel-like room, and get your diagnoses from a Board-Certified sleep disorder doctor.

The treatment uses a CPAP machine you wear at night, which allows you to sleep without snoring or gasping awake.

“Once you’re sleeping well, your energy and focus will return,” notes Oliver. “You can get back to a healthier sleep, your wife can sleep in the same room with you again, and let’s just say, you’ll both love the difference.”
Don’t Become a Statistic
HELP CATCH LUNG CANCER IN THE EARLIEST STAGE WITH SUPER D

If you’re over 50, and are a current or former smoker, you’re at an elevated risk for lung cancer. Unfortunately, lung cancer kills more Americans than breast, colon, and prostate cancers – combined. While it’s highly treatable in early stages, it’s often not caught until it’s advanced stages.

HSHS St. Elizabeth’s Hospital recently made an important investment in technology to help save lives. We acquired an Electromagnetic Navigation Bronchoscopy (ENB) with superDimension™ technology, which we refer to simply as Super D. It uses a GPS-like technology to maneuver a unique set of catheters into complex airways to detect possible cancer deep within the lungs.

Because of Super D’s ability to guide beyond where the eye can see, physicians can diagnose cancer, determine the stage, and even prepare for treatment.

“With Super D we can actually perform precision biopsies and obtain tissue beyond where our scope can see,” said Dr. Meena Murugappan, Pulmonologist at HSHS Medical Group Pulmonology Shiloh. “That was not possible before. This saves time and reduces complications.”

One reason it’s so important to be screened is the lack of symptoms. Most people have no idea they have lung cancer until it reaches an advanced stage. Unfortunately, at that point treatment options may be limited and the survival rate lower.
The five-year survival rate when detected at stage IV is around 15%. When detected at stage I, the five-year survival rate is over 50% - and could be as high as 80% - 90%. But unfortunately, only 16% of patients present with stage I lung cancer.

“Early detection means more treatment options,” said Dr. Meena. “And a much better chance that those treatments will be successful.”

Super D is minimally invasive and is typically performed as an outpatient procedure. It’s performed under general anesthesia, so there’s little pain. You can do your screening and go home that day.

“The people who are most likely to develop lung cancer are current and former smokers over the age of 50,” said Dr. Brian Reichardt, Pulmonologist at HSHS Medical Group. “Fortunately, a lot of them are now adopting healthier lifestyles, seeing their doctor more regularly, and that leads to them getting screened. It’s our hope that if screening does detect evidence of lung cancer, we’re finding it at stage I.”

To set up your lung cancer screening or to learn more, call HSHS Medical Group Pulmonology Shiloh at 618-641-9011.

Instruments in the Super D navigation system are used to obtain tissue for biopsy from lung nodules previously inaccessible with traditional bronchoscopy.
Oncology Wellness Program

Live Healthier Before, During, and After Cancer Treatments

HSHS St. Elizabeth’s Hospital’s Oncology Wellness Program has worked so well for breast cancer patients, that we recently expanded it to help people with any type of cancer diagnosis. This program seeks to prepare and empower patients mentally, physically, and emotionally for their cancer, its treatments, side effects, and recovery. The goal is to help patients be proactive in their health, so they can continue the activities they enjoy, and maintain their quality of life.

We have a team of physical, occupational, and speech therapists, social workers, a dietician and other specialists to provide therapies here, or for the patient to do at home. “We’re able to help patients minimize their side effects, reduce their pain, or restore their range of motion, or sense of balance,” said Andrea Koehler, Physical Therapist at the Mascoutah PT location.

“For many years, patients would begin their wellness program after their cancer treatments,” said Stacie Dichsen, PT, WCS at the Women’s Physical Therapy Clinic. “The new thinking is to start at diagnosis. People lose so much control over their lives with cancer, but preparing them for what will come, and teaching them how to counteract it, gives them more autonomy. It’s empowering.”

One of the most common issues patients have is cancer-related fatigue. Research has shown that the best way to combat the fatigue is through exercise. The program teaches patients how to exercise safely for their specific condition.

“Most importantly, we establish a personal connection,” said Stacie. “Every patient in our care has one person on our team they can call on for help. If there is an issue they are struggling with, and therapy can be of benefit, we can get an order from their doctor for additional therapy.”

“We’re able to help patients minimize their side effects, reduce their pain, or restore their range of motion, or sense of balance.”

– Andrea Koehler, Physical Therapist
The Commission on Cancer (CoC), a quality program of the American College of Surgeons (ACS) has granted Three-Year Accreditation to the cancer program at HSHS St. Elizabeth’s Hospital. To earn voluntary CoC accreditation, a cancer program must meet 34 CoC quality care standards, be evaluated every three years through a survey process, and maintain levels of excellence in the delivery of comprehensive patient-centered care.

St. Elizabeth’s takes a multidisciplinary approach to treating cancer as a complex group of diseases that requires consultation among surgeons, medical and radiation oncologists, diagnostic radiologists, pathologists, and other cancer specialists. This multidisciplinary partnership results in improved patient care.

“We are always looking to implement effective and high-quality programs at St. Elizabeth’s and this accreditation, from a noted national organization, speaks to the work our Cancer Committee has done in support of our patients,” notes Peg Sebastian, President and Chief Executive Officer at the hospital. “Our programs assist patients from cancer diagnosis through treatment and rehabilitation, all close to home so patients can be near their family support system.

Some of the new programs and technologies St. Elizabeth’s recently added include:

- installation of Electromagnetic Navigation Bronchoscopy (ENB) with the use of superDimension™ technology
- an Oncology Wellness Program through Physical Therapy services,
- a Nurse Navigator to assist patients through all steps on their cancer treatment and recovery
- the Look Good, Feel Good Support Group (read more about all of these in this issue)

The CoC Accreditation Program provides the framework for St. Elizabeth’s to improve its quality of patient care through various cancer-related programs that focus on the full spectrum of cancer care including prevention, early diagnosis, cancer staging, optimal treatment, rehabilitation, lifelong follow-up for recurrent disease, and end-of-life care. When patients receive care at a CoC facility, they also have access to information on clinical trials and new treatments, genetic counseling, and patient centered services including psycho-social support, a patient navigation process, and a survivorship care plan that documents the care each patient receives and seeks to improve cancer survivors’ quality of life.

When cancer patients choose to seek care locally at a CoC-accredited cancer center, they are gaining access to comprehensive, state-of-the-art cancer care close to home.
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In less than 100 days, HSHS St. Elizabeth’s will be making one of the largest moves in its history – from Belleville to the new facility in O’Fallon.

Planning teams have been actively working through the logistics of shifting patients and services to the new hospital for years and it will culminate with a one-day move on November 4, 2017. On that day, a well-coordinated but massive move will take place. All patients will be transferred by ambulance to the state-of-the-art, patient-centered environment of the new St. Elizabeth’s.

“The day will start with our Incident Command Centers opening around 2 a.m. and the patient moves will start later in the morning,” says Susan Holloway BSN, RN, Director of Construction Management for St. Elizabeth’s Hospital.

The hospital is partnering with numerous local ambulance agencies from across our service area and expects to have about 23 rigs in action that day. A nurse will also accompany each patient in an ambulance on the trip from Belleville to O’Fallon to ensure patient care and safe transfers.

Holloway shared that the exact number of patients won’t be known until much closer to that date, but all individual care needs and safety will be addressed, with a patient task force team planning moves ahead of time.

That morning, the new hospital will be officially declared open and the carefully coordinated closure and transition will begin. Patient transfers will continue throughout the day until all patients are moved.

Patients will be given color-coded bands with bar codes as identifiers for staff and EMS on the location of the hospital they are going to. Move teams will work simultaneously throughout the day to move patients to their new rooms. Hundreds of colleagues will be on site to help patients and family support persons through the exciting change.

“Moving an entire hospital is a huge undertaking and our success depends on the planning, preparation and commitment of hundreds of colleagues and community partners,” Holloway notes. “I’m proud to say our teamwork is top notch and we are excited for opening day.”

Several ‘mock’ patient drills will be completed prior to the opening date to run personnel through the relocation scenario. The drills incorporate movement of volunteer “fake patients” on stretchers from an actual patient room into an ambulance to be driven to the entrance of the new facility, unloaded and moved to new patient room so teams get a sense of where they are going and how much time it may take.

A ‘mock’ patient and our EMS partners practice and document a transfer during the previous move day drill in April.
\end{quote}
When HSHS St. Elizabeth’s Hospital opens its new facility in O’Fallon on November 4, moms will be able to give birth in the innovative new Women and Infants Center, a facility completely designed for the comfort, health and happiness of mom and baby.

Every room is private, and equipped with hydrotherapy tubs to ease pain during labor. Moms can enjoy a water-jet massage until it’s time to deliver.

There will be more choices in pain management. As an alternative to an epidural and IV pain meds, moms can breathe in nitrous oxide. “It’s in and out of the body quickly, so it is safer for the baby. We’ll be the only hospital in the region to offer it,” said Molly Fassbinder, RN, Interim Nurse Manager.

For epidurals, a nurse anesthetist is always onsite, which reduces wait time. Moms having C-sections can have a longer lasting medication via the spinal epidural, which relieves pain for 24 hours, and is more effective than traditional IV or IM meds.

The Women and Infants Center embraces the Skin-to-Skin program. Moments after birth, baby is placed on mom’s tummy or chest. This initiates bonding, stimulates breastfeeding, and regulates the baby’s heartbeat and temperature. “It’s their instinct to go to mom,” said Molly. “If we have to do anything for the baby, we do it right there on mom.”

For babies needing extra care, the Intermediate Care Nursery is staffed with a Cardinal Glennon pediatrician, and can care for preemies as young as 32 weeks or 3.3 pounds.

“We are very baby-focused, very family-focused,” said Molly. “We stay current on evidence-based practices, and that’s trending toward being more baby and mom friendly.

We feel so privileged to care for families during this most extraordinary life event.”

To register for the St. Elizabeth’s Delivering Miracles Program, which can include onsite tours of the new Women and Infants Center, call 618-234-2120, ext. 2615.
We’re Expecting Are You?

At HSHS St. Elizabeth’s Hospital, we believe all families should have choices about their delivery experience, and have them accessible and close to home. Moms-to-be have always received high-quality, family-centered care at St. Elizabeth’s Women and Infants Center and here’s just a few ways we truly set ourselves apart from the rest as a region leader in obstetric care:

**Are you due in November? You have the opportunity to experience our excellent care in a brand new facility.**

**Private Rooms:** We offer private room accommodations, regardless of insurance carriers.

**Nursery Time:** We encourage rooming in, but allow babies to return to the nursery at your request, allowing you to receive recovery and rest time when needed.

**Pain Management:** If you choose to have a medicated birth, we have a dedicated anesthesia provider serving only our moms 24/7. We also recently added the availability of nitrous oxide as an alternative to an epidural and IV pain medications.

**Lactation Support:** Lactation counselors are on staff for support for both inpatients and outpatients. We also offer a 24-hour dedicated phone line that you can call with questions for our lactation consultant or childbirth educator.

**Intermediate Care Nursery:** Our Intermediate Care Nursery is staffed with a [SSM Health Cardinal Glennon](https://www.steliz.org) pediatrician 24/7, and is equipped to care for preemies as young as 32 weeks or 3.3 pounds.

**Skin-to-Skin Contact:** We encourage placing the baby skin-to-skin on the mother’s bare chest to facilitate breastfeeding and stimulate bonding during the first hour after delivery.

**ARRIVAL DATE:**
**O’FALLON • 11.04.17**

Our Women and Infants Center will be located on the third floor of the new state-of-the-art building and includes:

- 5 labor and delivery rooms with soaking tubs
- 2 C-section suites
- 12 post-partum rooms
- A well-baby nursery
- 2 intermediate care nurseries, large enough to include a family zone so families can stay with their babies.
- Plus, all other current amenities listed at left and our caring staff who are dedicated to providing you with the best

To register for the St. Elizabeth’s Delivering Miracles Program, which includes an onsite tour of the new facility (offered after Aug. 10), call 618-234-2120, ext. 2615 or visit steliz.org/motherchild.
CHOOSE YOUR BABY’S 4D ULTRASOUND WISELY

Get Important Diagnostics, as Well as a Keepsake Photo

HSHS St. Elizabeth’s Hospital recently added 4D ultrasound technology to provide the most vivid and clear sonogram images possible for excited moms and dads. You can now see actual facial features of your developing baby, or the shape of their tiny hands and feet. And, if you want, you can clearly see if it’s a boy or girl.

The most important purpose for a 4D ultrasound is, of course, to monitor the health of your baby. At St. Elizabeth’s Hospital, every ultrasound is performed by a Registered Diagnostic Medical Sonographer (RDMS) who takes accurate measurements of your baby’s legs, abdomen, and head to make sure he or she is developing properly. An RDMS also checks the baby’s brain for any possible abnormalities.

“We’re doing an actual exam on the baby,” explained Amy Neff MHA, CNMT, NCT, Manager of Radiology. “When we do an ultrasound, we’re doing what the doctor requests, to make sure the baby is healthy.”

As part of every exam, the RDMS takes keepsake images for the parents to take home and enjoy. “These are what we call the ‘fun pictures,’” said Neff. “Moms like to put those in a scrapbook, or take them to a baby gender reveal party.”

St. Elizabeth’s began offering 4D Ultrasound technology late last year, and it’s used for other diagnostics as well, such as breast exams. “Because of the precise images, things that looked concerning before, we can now see are not a concern,” Neff explained. “So it’s taking out the need for further testing.”

Your doctor will order a routine ultrasound for a normal pregnancy, and additional ones if there’s a concern, and it’s usually covered by insurance.

To schedule your 4D ultrasound at St. Elizabeth’s Hospital, call 618-222-4639.
UrgiCare
High Level Care When You Need it – No Appointment Necessary

If you’re like most people, you sometimes find yourself needing medical care at the most inconvenient times, or when your doctor is booked and can’t see you for several days. Some illnesses or injuries shouldn’t wait, but they don’t seem to be serious enough to go to the ER.

HSHS St. Elizabeth’s UrgiCare, in O’Fallon, can fill that gap in health care. UrgiCare is open seven days a week to provide immediate care with no appointment. You can see a nurse practitioner, get basic labs, x-rays, and CAT scans.

UrgiCare will remain open in its current location after the new hospital is complete. “Based on the volume of patients we see now, there is the need for both,” said Sara Fishbein, Assistant Nurse Manager. “Having both facilities so close to each other will be very beneficial. If someone comes to UrgiCare, who really should have gone to the ER, we’ll be able to get them there very quickly.”

Because UrgiCare focuses on minor illnesses and injuries, patients can be treated more quickly. UrgiCare also frees up the ER staff to focus on the more serious cases. Having both options available allows patients to get the high quality care they need, with less wait time.

St. Elizabeth’s UrgiCare
1512 N Green Mount Rd.
O’Fallon, IL 62269
Open 7 days a week
8:00 am – 8:00 pm

UrgiCare is an extension of St. Elizabeth’s Emergency Room. Services provided at UrgiCare will be billed to your insurance company as Emergency Room services. Please review your benefit plan for Emergency services to understand your coverage.

When to Go to UrgiCare:
• Abdominal pain
• Head injuries
• Severe pain/laceration
• Change in mental state
• Stroke
• Pregnancy complications
• Minor lacerations
• Minor back pain
• Mild skin infections
• Minor sprains
• Urinary tract infections

When to Go to the ER:
• Life threatening circumstances
• Chest pain
• Difficulty breathing
• Obvious fractures
• Severe bleeding
• Pregnancy complications
• Stroke
• Change in mental state
• Severe pain/laceration
• Head injuries
• Abdominal pain

Don’t Skip Your Annual Mammogram.
Call 618-222-4639 to schedule your mammogram today!

This state-of-the-art technology provides the clearest images for early detection of breast cancers.

ADVANCED 3D MAMMOGRAPHY

Mammogram.
Screening Saves Lives.
More Convenient Care Where You Live and Work

HSHS St. Elizabeth’s has made routine medical care far more convenient to people in O’Fallon and nearby areas. Our O’Fallon Medical Building has the most commonly needed services, many of them available without an appointment to provide you and your family with greater access to the health care you need. If your physician’s office is in this building, you can simply walk down the hall for imaging or lab work and save yourself a lot of time.

All services within our O’Fallon Medical Building have the high standard of care that you’d expect from St. Elizabeth’s Hospital.

O’Fallon Medical Building Services

Services with No Appointment Needed

UrgiCare
(See article on page 12)
Open 7 days a week, 8:00 am – 8:00 pm
618-624-3750

X-Rays
Monday – Friday 7 am – 8 pm

Lab Tests
Available for walk-in patients
Monday-Friday, 6:00 am - 5:30 pm
Saturday, 8:00 am - Noon
Sunday, No outpatient walk-ins

Services to Schedule through Central Scheduling

For any of these services, you can easily set up an appointment by phone or schedule and pre-register online:
618-222-4639 | steliz.org/prereg

CT Scans
Monday – Friday with appointment
Call for appointment: 618-222-4639

Mammograms
Monday – Friday 8:00 am – 7:00 pm
High-resolution digital images with lower exposure to x-ray. No referral needed.

Diagnostic Ultrasound
Requires a physician’s referral

Therapy Services
Physical and Occupational therapy for all ages

Don’t Skip Your Annual Mammogram.
Screening Saves Lives.

ADVANCED 3D MAMMOGRAPHY available in O’Fallon and Belleville.
This state-of-the-art technology provides the clearest images for early detection of breast cancers.

Call 618-222-4639 to schedule your mammogram today!
CALENDAR of Events

steliz.org/calendar

AUGUST

AUGUST 15
Blood Drive
To schedule a donation time call the MVRBC at 866-GIVE-BLD (866-448-3253) or log on to www.bloodcenterimpact.org and use Sponsor Code: 10155.
11:30 a.m. – 3:30 p.m.
St. Elizabeth’s Hospital
Millennium Room

AUGUST 15
PSOP Luncheon
Seniors are welcome to attend our free, monthly health educational program at SWIC-Programs and Services for Older Persons (PSOP).
11 a.m.
PSOP
201 North Church Street,
Belleville

AUGUST 15
Look Good Feel Better Program
Look Good Feel Better® is a free program for women undergoing cancer treatment, conducted by cosmetology professionals who teach participants how to use make-up to cope with appearance-related side effects of treatment. No Need to Wear Makeup to the Session. Please RSVP as seating is limited.
2:00-4:30 p.m.
Cancer Treatment Center in Swansea
618.236.1000

SEPTEMBER

SEPTEMBER 12
Hope Blooms Support Group
Support for those who have experienced a lumpectomy or mastectomy and their families.
6:00 p.m.
PET/CT Program Room, Cancer Treatment Center in Swansea
618.236.1000
Contact: Laura

SEPTEMBER 19
PSOP Luncheon
Seniors are welcome to attend our free, monthly health educational program at SWIC-Programs and Services for Older Persons (PSOP).
11 a.m.
PSOP
201 North Church Street, Belleville

SEPTEMBER 19
Look Good Feel Better Program
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2:00-4:30 p.m.
Cancer Treatment Center in Swansea
618.236.1000

SEPTEMBER 21
Southern Illinois Defibrillers Support Group
Support group for defibrillator patients and their loved one.
6:30 p.m.
Millennium Room, Prairie Heart Institute Bldg., 340 W. Lincoln St., Belleville
618.233.6044, ext. 4531
Contact: Lori

OCTOBER

OCTOBER 4
Stroke Support Group
Support and education on general stroke information for those recovering from a stroke and their families.
2-3 p.m.
St. Elizabeth’s Hospital, Millennium Room
618.234.2120, ext. 1519
Contact: Christy

OCTOBER 7-8
Open House for the new HSHS St. Elizabeth’s Hospital
The public is invited to tour the new hospital, meet our staff and take part in this historic community event! See the back cover for event details.
One St. Elizabeth’s Blvd., O’Fallon

OCTOBER 10
Hope Blooms Support Group
Support for those who have experienced a lumpectomy or mastectomy and their families.
6:00 p.m.
PET/CT Program Room, Cancer Treatment Center in Swansea
618.236.1000
Contact: Laura

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11:30 a.m. – 3:30 p.m.
St. Elizabeth’s Hospital
Millennium Room

OCTOBER 17
PSOP Luncheon
Seniors are welcome to attend our free, monthly health educational program at SWIC-Programs and Services for Older Persons (PSOP).
11 a.m. | PSOP
201 North Church Street, Belleville

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2:00-4:30 p.m.
Cancer Treatment Center in Swansea | 618.236.1000

OCTOBER 29
Day of Renewal for Cancer Survivors and Caregivers
This program is to inspire, inform and support those who are living with cancer, those you are survivors and those who support them.
9:00 a.m. – 3:00 p.m.
National Shrine of Our Lady of the Snows Guild Center
Registration required. Call 618.394.6270

WEEKLY

Tuesdays & Thursdays: Diabetes Support and Group Exercise Sessions | Contact Julia at 618.234.2120 ext 2424 for meeting times and locations.
WE ARE HIRING


As a region leader in quality care and as a healing ministry founded on Franciscan traditions, HSHS Southern Illinois Division (SID) Nursing Programs offer the right mix of support and clinical expertise to develop high-quality nurses for the future.

Programs include:
- Preceptor Development
- RN Fellowship
- Critical Care Fellowship
- Daisy Award Recognition
- Charge Nurse Development Program

We are the future of regional health care

Bring your nursing skills to the NEW HSHS St. Elizabeth’s Hospital, opening this November. Be part of a once in a lifetime experience in a brand new, state-of-the-art facility with the highest level technologies and a patient-centered design.

Openings available in numerous clinical areas, including in:
- Progressive Care Unit
- Emergency Department
- SID RN Float Pool

Join our family today!
Visit hshscareers.jobs to apply.

“Come join my team on PCU where we achieve excellence, together.”
Desaree Lehr, RNC-EFM, BSN, Progressive Care Unit Manager
New, High Tech Procedure Helps Catch Lung Cancer in the Earliest Stage When it's easiest to treat, and you have the best chance of surviving it.

Dr. Meena Murugappan and Dr. Brian Reichardt, Pulmonologists at HSHS Medical Group, Shiloh

Expect the UNEXPECTED

you’re invited to join us for our OPEN HOUSE at the new HSHS St. Elizabeth’s Hospital O’Fallon

Saturday & Sunday OCTOBER 7 & 8, 2017 10:00 AM - 2:30 PM
One St. Elizabeth’s Blvd. | O’Fallon, IL

learn more at stelizofallon.org