

COMMUNITYbenefit

Cardiac Health Needs Addressed

Cardiac Disease continues to be the leading cause of death in our society. Annually, St. Elizabeth's conducts a variety of events to educate and inform the public about ways to live a healthy and happy life. This year was especially important as we engaged our community partners and hosted an event in partnership with the YMCA of Southwest Illinois, named "Healthy Heart, Healthy You."

St. Elizabeth's colleagues greeted guests at the door and invited them to participate in the different health related activities and free screenings. The primary activity was the American Heart Association Risk Assessment. The risk assessment is a tool used to measure one's risk for developing cardiovascular disease.

One young woman with an exceedingly high blood pressure that warranted follow up with her physician. She was extremely grateful for the screening. The nurses performed height and weight measurement to calculate the individual's

Body Mass Index (BMI). Then using all the data, a cardiac nurse reviewed the guest's risk assessment and provided an individualized improvement plan for each participant to help them live a healthier life.

At an additional morning session at the Y, Dr. Paban Saha, an interventional cardiologist, met with the public and conducted an educational talk on the high-level procedures performed "close to home" at St. Elizabeth's. He was accompanied by his very first cardiac ablation patient at St. Elizabeth's who is a grateful for the advanced care he received.

"I was blessed to be Dr. Saha's first ablation patient at St. Elizabeth's. I'm so thankful for the partnership St. Elizabeth's Hospital has with Prairie Heart Institute and I'm thankful for the outstanding care I received from everyone with both organizations," notes John Enzwiler. Dr. Saha also discussed cardiac disease and related risk factors.

Cardiac disease as a chronic condition was a focus for our community health needs assessment and it remains a top priority.

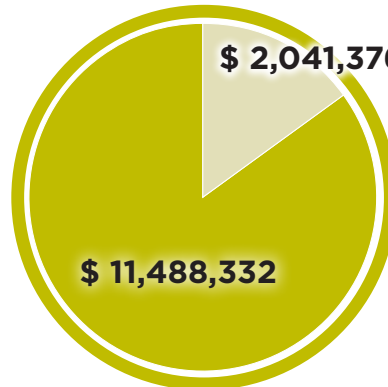


COMMUNITY BENEFIT TOTAL:

\$16,063,296

Benefits for the Poor

Unpaid Cost
of Medicaid
& Other Public
Programs
19,687 persons
served



Financial
Assistance
at Cost
3,506 persons
served

Equipment Donations

As we invest in new technologies, where does the old equipment go?

Thanks to several Community Benefit programs, equipment such as computers and beds find new homes with other organizations in need.

Our Information Technology (IT) department and community benefit director teamed up to find community members that can benefit from laptops and computers. This year we donated computer equipment that was first scrubbed of any personal health information (PHI) to East St. Louis Vocational Technical Center and Shiloh School district. Both of these schools served the poor and underserved in our community. We also coordinated donations to social agencies such as Catholic Urban programs, St. Vincent DePaul, and BEACON Ministries, and Big Brothers Big Sisters of Southwestern Illinois.

Benefits for the Broader Community



Community Health
Services



Health Professions
Education



Other
(Community Benefit
Operations)



Subsidized
Health Services